

Positive Discipline In Everyday Parenting Sessions Delivered in Punjabi and Hindi

- Are you feeling challenged by your kid's power struggles?
- Bad attitude or whining?
- Lack of follow through?
- Bed time and morning time routines?
- Getting chores done?
- Getting homework done?
- Or something else????



Then come learn some positive, long-term solutions for raising kids to feel "I am capable, I can contribute, and I can use my personal power in useful ways to improve my life and the lives of others!"



Positive Discipline is for parents who are looking for long-term parenting skills that will encourage their children to;

- think for themselves,
- become more responsible,
- have a greater respect for themselves and others.

The teachings of Positive Discipline are filled with non-punitive, respectful methods that will incorporate kindness and firmness into parenting, help parents get to the core of their child's misbehavior, bring

more joy into the home and give parents a sense of accomplishment!

The 7-Oaks School Division will be offering a series of 9 sessions on Positive Discipline delivered in Punjabi and Hindi.

Sessions begin: Monday, Oct 22nd and runs until Monday, Dec 17th from 1:15 pm -3:15 pm at Arthur E Wright School – 1520 Jefferson Ave. For more information please contact Monika Chakraborty at monika_cu@yahoo.com. Space is limited so registrations will be processed on first come basis. Please return this form to your school before Tuesday, October 16th.

Free Childcare is available.

Parent(s) first and last names: _____ Phone #: _____

Child's name: _____ age: _____ Child's name: _____ age: _____

Child's name: _____ age: _____ Email: _____

Do you require child care: Yes ___ or No ___ If yes, for how many: _____ Allergies: Yes ___ or No ___